

B

---

---

---

---

---

---

---

---

---

---

U

---

---

---

---

---

---

---

---

---

---

D

---

---

---

---

---

---

---

---

---

---

D

---

---

---

---

---

---

---

---

---

---

H

---

---

---

---

---

---

---

---

---

---

I

---

---

---

---

---

---

---

---

---

---

S

---

---

---

---

---

---

---

---

---

---

M

---

---

---

---

---

---

---

---

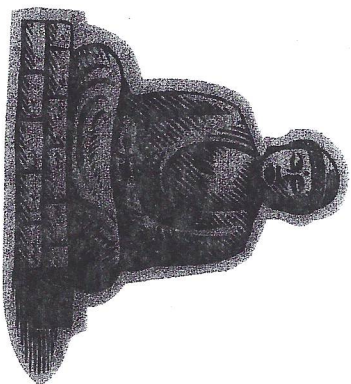
---

---

My

Buddhism

Booklet



Name: \_\_\_\_\_

Date: \_\_\_\_\_

**What is Buddhism?**

Buddhism began in \_\_\_\_\_. It is based on the teachings of \_\_\_\_\_ known as the \_\_\_\_\_. He is also \_\_\_\_\_ years old. This religion is based upon \_\_\_\_\_ and the need to get rid of it. The goal of the Buddhists is to achieve \_\_\_\_\_ or the most enlightened state.

Buddhists do not believe in \_\_\_\_\_.

**Siddhartha Gautama - True or False?**

1. He was born around 580 BCE.	T	F
2. He was born in India.	T	F
3. He suffered greatly as a child.	T	F
4. He was a prince.	T	F
5. He became a religious monk.	T	F
6. He wanted to find a way to escape the suffering of life.	T	F
7. He was known as "The Buddha."	T	F
8. He is considered to be a god.	T	F

A shrine often has \_\_\_\_\_

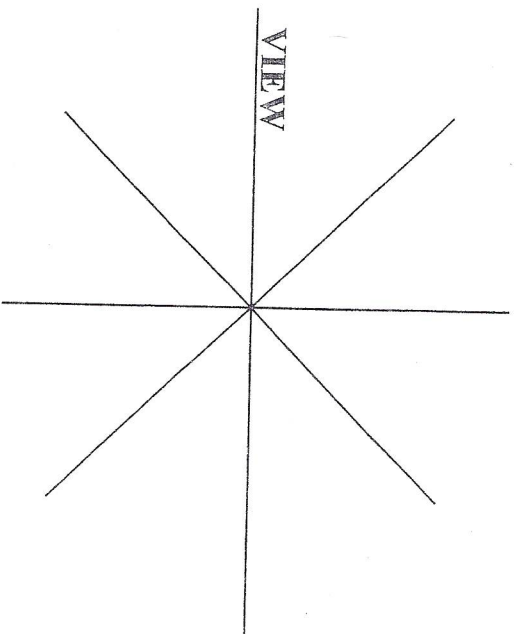
Buddhists worship \_\_\_\_\_ in a \_\_\_\_\_.

It is here that Buddhists meet \_\_\_\_\_ and \_\_\_\_\_ from their holy books.

“Buddha” means the \_\_\_\_\_.

**The Four Noble Truths**

1. Suffering is \_\_\_\_\_.
2. There is a cause \_\_\_\_\_ for suffering.
3. There is an end \_\_\_\_\_ to suffering.
4. In order to end suffering, you must follow the Eightfold Path \_\_\_\_\_.



The Eightfold Path  
“Right.....?”

**dukkha**

means \_\_\_\_\_.

Buddhists believe one is continually **REBORN** until they reach nirvana. This is called \_\_\_\_\_.